

# State Commitment to Medicaid Before the Affordable Care Act: Analysis of Trends

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#### INTRODUCTION

- Medicaid currently covers over 65 million low-income people
- States face intense fiscal pressure to reduce Medicaid spending
- Medicaid will provide at least half of Affordable Care Act (ACA) expansion coverage
- The future of this largest of federal-state joint programs is subject of intense controversy

#### **BACKGROUND: MEDICAID POLICY 1992 TO PRESENT**

- To limited degree, federal mandates required Medicaid eligibility expansions
  - Children to age 6 and pregnant women below 133% of the poverty line
  - Phase in coverage of older children up to the poverty line
- But, state flexibility was a hallmark of this period
  - G.W. Bush and Clinton Administrations demonstrated willingness to approve Section 1115 Waivers
  - Section 1915(c) Home and Community Based Services waivers were also popular and encouraged by federal authorities
- The ACA requires eligibility expansions up to 138% of poverty, but states retain considerable flexibility to organize care as they see fit

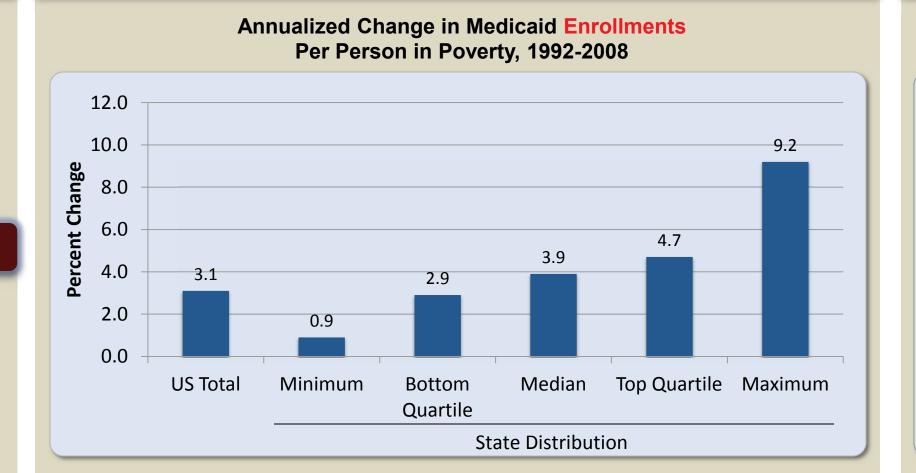
#### **RESEARCH QUESTIONS**

- How did Medicaid effort change during this period of considerable state discretion to shape enrollment and spending?
- What are the implications of recent trends in state Medicaid effort for the future?

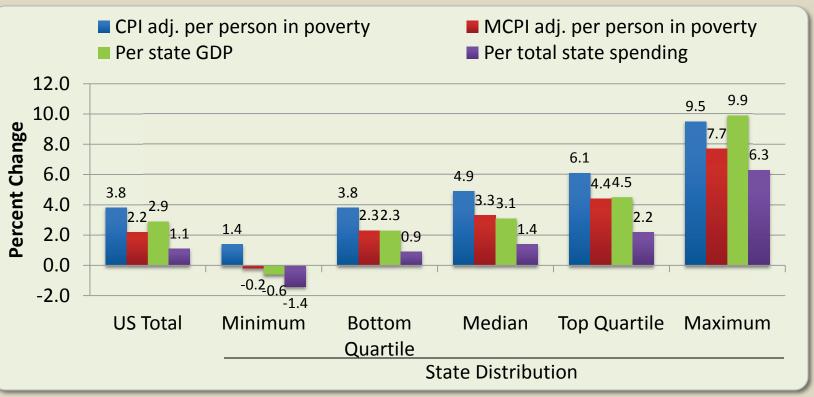
#### STUDY DESIGN

- Annualized trends in Medicaid enrollments and expenditures, 1992-2009
  - Even years, plus 2007 and 2009 (spending only)
  - Spending adjusted for the Consumer Price Index and the CPI medical care component (MCPI)
- Medicaid "effort" measured relative to ...
  - Number of persons in poverty
  - State Gross Domestic Product (GDP)
- Total state spending
- Medicaid data from the Kaiser Family Foundation based on CMS reports;
   additional data from the US Census Bureau and US Bureau of Economic Analysis

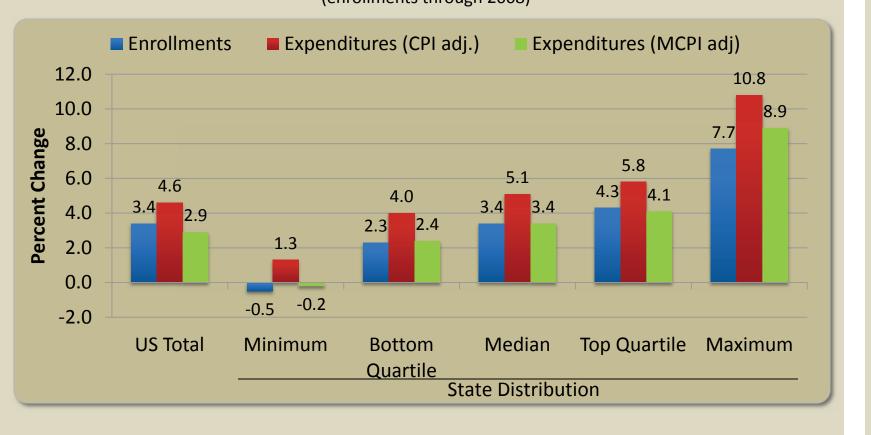
### STATE DISTRIBUTION IN ANNUALIZED GROWTH



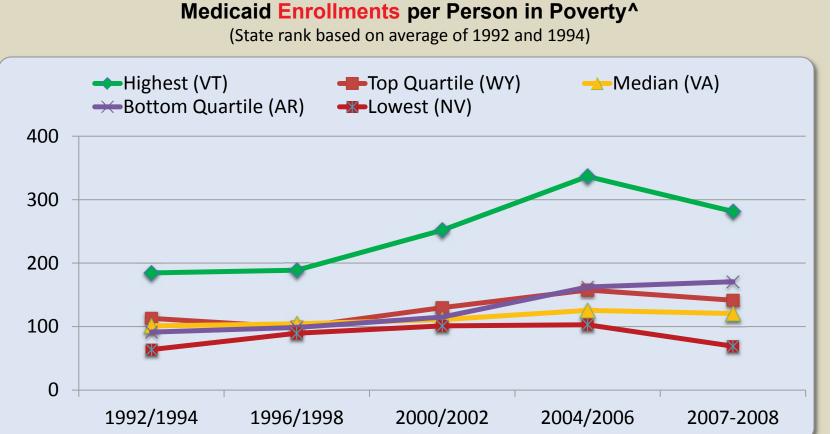




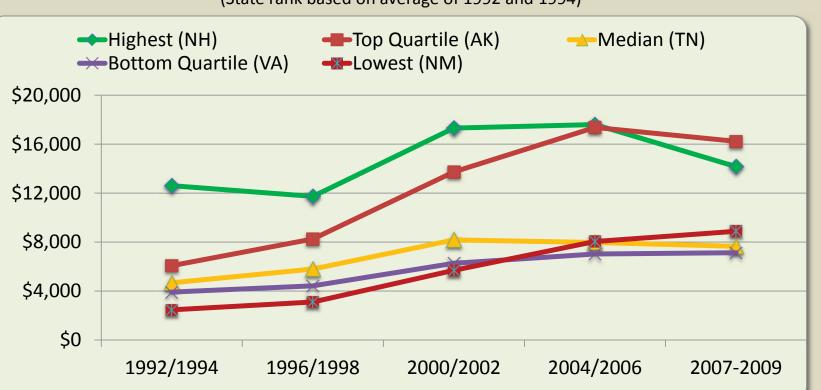
### Annualized Change in Medicaid Total Enrollments and Expenditures, 1992-2009 (enrollments through 2008)



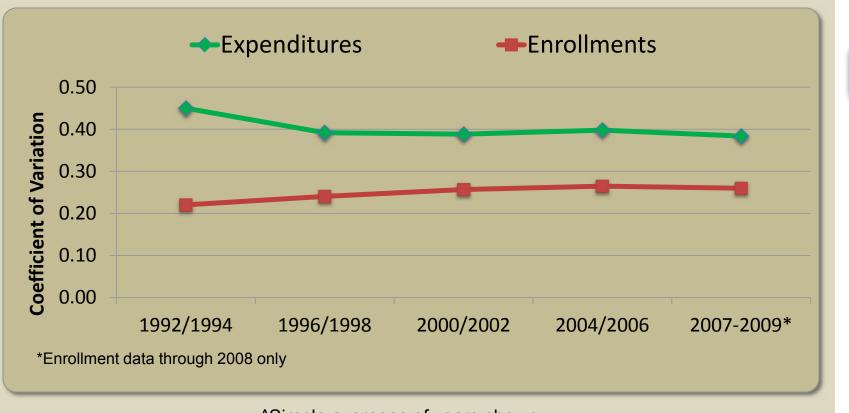
#### TRENDS IN ENROLLMENTS AND EXPENDITURES



## Medicaid Expenditures per Person in Poverty, 2009 Dollars<sup>^</sup> (State rank based on average of 1992 and 1994)

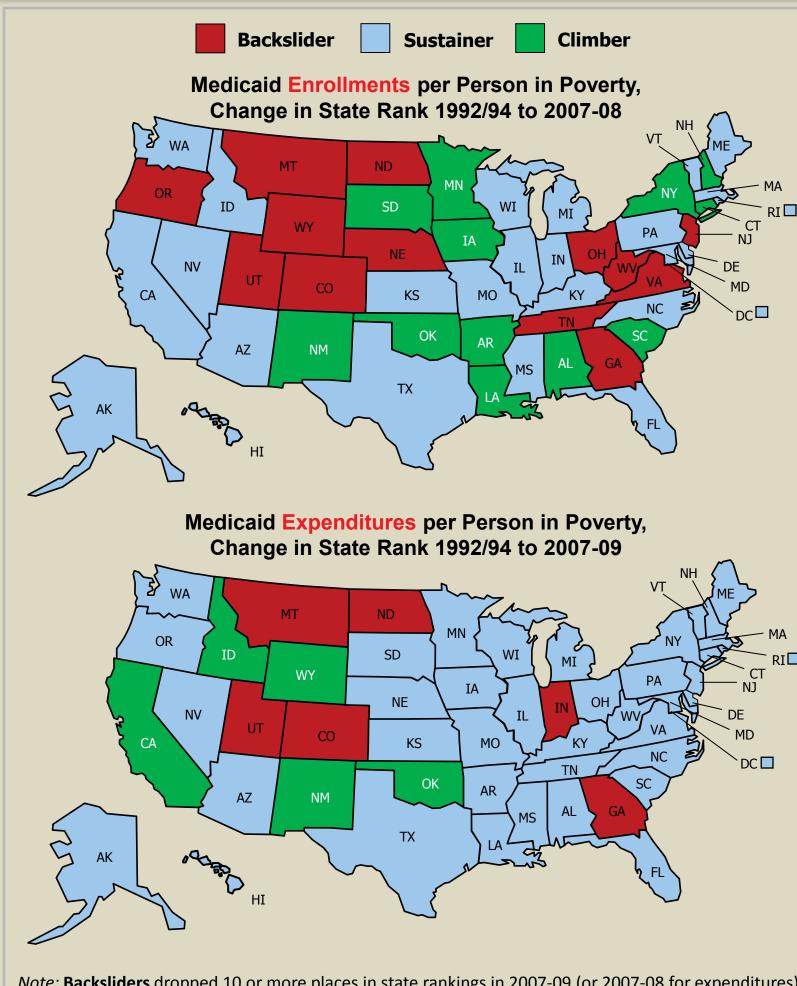


# State Variation in Medicaid Enrollments and Expenditures Per Person in Poverty^



#### ^Simple averages of years shown

### **GEOGRAPHIC DISPARITIES IN TRENDS**



Note: **Backsliders** dropped 10 or more places in state rankings in 2007-09 (or 2007-08 for expenditures) compared with 1992-94, and **Climbers** increased their rank by 10 or more over this span. **Sustainers** did not change more than 9 places in the rankings.

#### **CONCLUSIONS & POLICY IMPLICATIONS**

- Period of unprecedented state empowerment
- Nearly all states ratcheted up Medicaid effort
- Limited backsliding during Great Recession
  - Although, enrollment did not keep up with poverty trend
- Growth did not stem large geographic disparities
- If past is prelude...
- States will remain on track with ACA implementation
- But large variations likely to remain

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